

Ψ WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION
Chartered by the New York State Department of Education
Affiliated with the Westchester County Psychological Association, Inc.
PO Box 339-H • Scarsdale, New York 10583-8839
Telephone/Fax #: 914-723-3030
Email: WCPA4U@verizon.net <https://westchesterpsych.org/>

THE WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION
presents a conference, titled,

WHOSE LIFE IS IT ANYWAY?

Decision Making in Traumatic or Terminal Illness: Helping Patients and Families

Friday, May 10, 2019 at 8:15 a.m. (registration) 9:00 to 3 p.m.

Hosted by



701 North Broadway, Sleepy Hollow, NY, 10591

This is a handicap accessible facility, however visual and hearing aids will not be available.

(Auditorium entrance is closest to parking lot D, on the west side of the campus (closest to river). But that may fill up quickly. Ample parking is available in a garage on the other side of the building. You can then walk through the 755 Building to the main building and ask to be directed to the auditorium. Parking is free).

This program is open to all mental health professionals.

Please join us for a day-long conference on issues of medical psychology, ethics, and chronic or life-threatening illness.

Program Schedule

- 8:15-9:00:** Registration, networking, bagels, muffins, coffee/tea.
- 9:00:** Welcoming Remarks
- 9:15-10:30:** *Psychological Trauma in the Modern Medical Setting*, Maureen O'Reilly-Landry, PhD.
- 10:30:** Morning break
- 10:45-12:** *The pains of dying: Psychodynamic and other considerations at the end of life*, Philip Muskin, MD, MA
- 12-12:45:** Lunch provided by Phelps Hospital
- 12:45-1:45:** *Psychosocial Aspects of Palliative Care*, Bruce Heckman, MD
- 1:45:** Afternoon break
- 2:00-3:00:** *Community-Based Psychosocial Cancer Care: Supporting Individuals and Families*, Melissa Lang, DPH, MPH, MPA, MA

ABOUT OUR SPEAKERS

Dr. Maureen O'Reilly-Landry, PhD. works with people with medical illnesses and their families and caregivers (including medical practitioners) to help them adjust to the traumatic stress of living with a serious chronic medical illness. She studies the interplay between physical, psychological and social factors involved in being sick. Her main research focus is Chronic Kidney Disease (CKD) and dialysis. Her recent professional presentations involve the psychological impact on the medical staff and other patients when a patient on a chronic dialysis unit dies. At Columbia, she is part of the treatment team in the Home Hemodialysis Program.

Dr. O'Reilly-Landry is former Director of Psychological Services for Apollo Healthcare and has taught and trained doctoral students and psychology interns at many hospitals and facilities. She is trained as a Relational-Interpersonal psychoanalyst and is interested in the application of psychoanalytic thinking to current real world problems. She is co-author (with Ellen Luborsky and Jacob Arlow) of the revised chapter on modern psychoanalysis in the current edition of the classic psychotherapy textbook *Current Psychotherapies* by Corsini and Wedding.

Dr. Bruce Heckman, MD is an internist in Ossining, New York and is affiliated with multiple hospitals in the area, including New York-Presbyterian Hospital-Columbia and Cornell and Phelps Memorial Hospital Center. He received his medical degree from New York Medical College.

Dr. Heckman is board-certified in Internal Medicine and Hospice and Palliative Care Medicine. His medical career includes running a private practice for 40 years in Ossining and Buchanan, New York, as well as directing the Phelps Hospice program for over 30 years.

Dr. Philip Muskin, MD, MA is a distinguished life fellow of the American Psychiatric Association, a Fellow of the Academy for Psychosomatic Medicine, and a Distinguished Life Fellow of the Association for Academic Psychiatry. In 1989 he founded the Trained Liaison Comforter Program at Columbia Presbyterian Hospital; a volunteer program that provided emotional support for families of patients in intensive care units. He served as a consultant to the Red Cross First Step program for widows, has been a consultant to the Vivian Beaumont Theater, and was a volunteer facilitator in the NYPD Stress Management Program. He is Past-President of the Association for Academic Psychiatry and the Society for Liaison Psychiatry.

Dr. Muskin was the Program Chair for the 1999 meeting of the Academy of Psychosomatic Medicine. He has been a member of the Scientific Program Committee of the American Psychiatric Association since 1990, serving as chair for the 2001, 2002, 2014, 2015, and 2017 meetings. He was the first chair of the APA Council on Psychosomatic Medicine and was elected to the office of APA Secretary in 2017.

Dr. Melissa Lang, DPH, MPH, MPA, MA, has been Gilda's Club Westchester's Chief Executive Officer since 2011. She brings a range of experience that includes healthcare management and delivery, public policy, and health advocacy. Her background includes several years of experience in long term care and disabilities, hospice and palliative care, and aging services. Dr. Lang is committed to the field of psychosocial oncology and delivering quality programs that improve the lives of individuals and families as they navigate through difficult medical circumstances.

Dr. Lang actively engages in advocacy and policy development in a variety of settings and serves on several committees that address issues related to cancer treatment and survivorship, family caregiving, aging and end-of-life care, and access to health care. Dr. Lang served as a New York State Certified Long Term Care Ombudsman and is currently the Vice President, Board of Directors, for The Center for Aging in Place.

REGISTRATION FORM DEADLINE: May 1, 2019

Name: _____ Title: _____

Mailing Address: _____

_____ Zip Code _____

Email Address: _____ Telephone #: _____

4 CE Credits are available to psychologists for this program*

_____ **\$80.00 for WCPA and Phelps Staff Members**

_____ **\$95.00 for non-members**

_____ **\$25.00 for students**

_____ **\$15.00 for Continuing Education**

Cancellations within 10 days of the conference will not be refunded.

[Register Here](#)

* The Westchester Center for Psychological Education (WCPE) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Westchester Center for Psychological Education maintains responsibility for this program and its content.