

Ψ WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION
Chartered by the New York State Department of Education
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THE WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION
is sponsoring a conference, titled,

A Clinical Look at the Opioid Crisis: What do we know? What can we do?

Friday, April 20, 2018 at 8:15 a.m. (registration) 9:00 to 4:30 p.m.

Hosted by



701 North Broadway, Sleepy Hollow, NY, 10591

This is a handicap accessible facility, however visual and hearing aids will not be available.

(Auditorium entrance is closest to parking lot D, on the west side of the campus (closest to river). But that may fill up quickly. Ample parking is available in a garage on the other side of the building. You can then walk through the 755 Building to the main building and ask to be directed to the auditorium. Parking is free).

Please join us for a day-long conference on the opioid epidemic. We will hear from clinicians as well as other health experts, policy makers, and “boots on the ground” individuals from police and EMS who can tell us where we are now and what it is like to be dealing with this fast growing crisis.

Attendees will learn the basics about opioid medications—How do they work? Why are they so addictive? What are the alternatives when dealing with pain reduction? After an opening panel that will cover these and other issues, including current county statistics and what county leaders are doing to address the crisis, we will move on to more clinical/mental health issues and strategies. Attendees will learn about current treatments, how to deal with patients who have psychiatric diagnoses as well as substance

abuse, how to prevent or minimize the risk of relapse, and where to get help if you find yourself with a patient in your office who is abusing, misusing, or addicted to opioids.

Narcan training will be available at the end of the day to the first 30 registrants who are interested in participating.

This program is open to all mental health professionals.

Program Schedule

8:15-9:00 Registration, networking, bagels, muffins, coffee/tea.

9:00 Welcoming Remarks, Daniel Blum, President and CEO, Phelps Hospital

9:15-10:45 Panel Presentation: Snapshot of the current status of the opioid crisis: How did we get here? Where are we now? Where are we going?

Panel Presenters:

Sherlita Amler, M.D., Commissioner, Westchester County Department of Health

Michael Orth, M.S.W., Commissioner, Westchester County Dept. of Community Mental Health

Kevin Sylvester, J.D., Chief, Ossining Police Department

Yili Huang, D.O., Medical Director, Phelps Pain Center

Blessy Jacob, PharmD, Clinical Pharmacy Coordinator, Phelps Hospital

Jared Rosenberg, BA, EMTP, Paramedic Supervisor, Town of Greenburgh

10:45: Morning break

11:00-12:15 **L. Mark Russakoff, M.D.**, Director, Phelps Hospital Department of Psychiatry
Current Issues: Dual Diagnosis, Treatment, and Programs

12:15-1:00 Lunch (provided by Phelps Hospital)

1:00-2:00 **Stephen Ferrando, M.D.**, Chairman, Department of Psychiatry and Behavioral Sciences,
New York Medical College
Current Issues: Recurrence Prevention, Suboxone Treatment

2:00-3:00 **Ross Fishman, Ph.D.**, President, Innovative Health Systems
Current Issues: Weaning From Suboxone, Harm Reduction

3:00-3:30 Q and A with Drs. Ferrando and Fishman

3:30-4:30 Narcan Training (optional, pre-registration required, limited to the first 30 registrants)

Presenters:

Sherlita Amler, M.D., is currently the Commissioner of Health for Westchester County. Prior to this, she held the same position for Putnam County. Dr. Amler also worked for the CDC for several years as a medical officer. She is an expert on public health, emergency management, and general healthcare and is licensed in both New York and Georgia. Dr. Amler also worked as a nurse earlier in her career, and is a Board Certified Physician in Pediatrics. Dr. Amler won the Woman of Distinction Award for the 40th Senate District and was identified as a “Healthcare Hero” by Westchester Magazine. Dr. Amler was awarded for her distinguished service by the United States Department of Health and Human Services.

Michael Orth, M.S.W., who has worked in the human services sector for 28 years, joined the Westchester County Department of Community Mental Health (DCMH) in 1993, and was appointed Commissioner in January 2018 after serving as Acting Commissioner from August 2017-December 2017, and Deputy Commissioner from February 2015-August 2017. He served as 2nd Deputy Commissioner from 2009-2015. Mr. Orth leads many planning and policy-making efforts in Westchester County, including those focused on suicide prevention and awareness, and is leading the county’s response team addressing the opioid crisis in partnership with the Department of Health. Commissioner Orth has received numerous honors including from the National Association of Social Workers, the Fordham University Leadership Award, and the “Champion of Children” Award from Family Ties of Westchester.

Kevin Sylvester, J.D., is the Ossining Chief of Police. Chief Sylvester started working as a Patrol Officer in 2003 while serving in the Marine Corps Reserve and moved up the ranks very quickly, while furthering his education by completing his Juris Doctor. Chief Sylvester was recently admitted to the New York Bar and teaches undergraduate students. A firm believer in community policing, he runs an award-winning social media program for the police department that is well-known in the county for being informative as well as witty and amusing. Chief Sylvester is an expert in criminal justice and investigation, community outreach, and crime prevention.

Yili Huang, D.O., is the Medical Director for Phelps Hospital’s Pain Center. Among many other roles, Dr. Huang also teaches anesthesiology at Hofstra Northwell School of Medicine and is an attending anesthesiologist at the VA in Connecticut. Dr. Huang is also on the Opioid Task Force for Northwell Health System.

Blessy Jacob, PharmD. Is a licensed pharmacist in three states and has many years of experience as a supervising pharmacist. Dr. Jacob presented “Our Journey to Improve Medication Education” at the 2016 NICHE conference in Chicago and brought educational information to the public on the most commonly prescribed drugs to hospital patients. Dr. Jacob has been working as the coordinator of the clinical pharmacy at Phelps hospital since 2013.

Jared Rosenberg, B.A., EMTP, has been in the field of emergency medical services for 24 years, and is the Paramedic Supervisor for the town of Greenburgh. He is also the owner and CEO of Save a Life Enterprises, a first aid and CPR educational service for the general public/local employers. He is an expert on emergency response and management, homeland security, and criminal justice and is a member of the Westchester EMS Council as a municipal constituent. As a first responder, Mr. Rosenberg has seen the drug crisis close up.

Mark Russakoff, M.D., has been the Director of Phelps Hospital's Department of Psychiatry for nearly 25 years and has held a private practice since 1977. Dr. Russakoff oversees both the inpatient and outpatient programs, including the substance abuse programs. Focuses are on relapse prevention, psychiatric evaluation and management, and individual, group, and family work. For those without an addiction, there are also services for patients who need outpatient, inpatient, and continuing day treatment programs. Dr. Russakoff has won many awards including Westchester County Doctors of Distinction, Top Doctors in the NY Metro Area, and Teacher of the Year Award (twice!). Prior to coming to Phelps, he was the clinical director at the highly respected Psychiatric Institute in Uptown Manhattan. Dr. Russakoff remains active on many committees and with many professional organizations.

Stephen Ferrando, M.D., is the Har Esh Professor and Chairman of the Department of Psychiatry and Behavioral Sciences at New York Medical College Behavioral Health Center. He is a nationally recognized physician, researcher, author, and educator. Dr. Ferrando served as Professor of Clinical Psychiatry and Clinical Public Health as well as Chair for Psychosomatic Medicine and Departmental Operations in the Department of Psychiatry at New York Presbyterian Hospital. He has written extensively on issues in psychiatry and neurology including HIV/AIDS, neuropsychiatric aspects of infectious disease, and illicit drug use.

Ross Fishman, Ph.D., owns and runs Innovative Health Systems, a treatment program for those with addiction, with a focus on harm reduction. For over ten years Dr. Fishman was the Director of Education and Training for the Alcoholism Council of Greater New York. At this position he set up and developed educational programs, seminars, and workshops regarding the nature of alcohol abuse treatment. He developed and ran the first alcoholism counselor training program in New York City utilizing major hospital-based alcoholism treatment programs for counselor internships. A mental health, addiction, and intervention expert, Dr. Fishman has worked on the Police/Community Advisory Commission for the Town of Greenburgh.

Registration form below

REGISTRATION FORM DEADLINE: APRIL 13, 2018

Name: _____ Title: _____

Mailing Address: _____

_____ Zip Code _____

Email Address: _____ Telephone #: _____

4 CE Credits are available to psychologists for this program*

_____ \$80.00 for WCPA and Phelps Staff Members

_____ \$95.00 for non-members

_____ \$25.00 for students

_____ \$15.00 for Continuing Education

Are you registering for the Narcan training? Yes [] No []

Cancellations within 10 days of the conference will not be refunded.

On-line registration link: <http://www.westchesterpsych.org/eventregistration.html>

Payment link: <http://www.westchesterpsych.org/payopioidpresentation.html>

* The Westchester Center for Psychological Education (WCPE) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Westchester Center for Psychological Education maintains responsibility for this program and its content.